

## **The Step Up Coach Development Programme**

The Step-Up Programme aims to ensure LYR's coaches are the best they can be. Through the programme, funded by The Henley Royal Regatta Charitable Trust, LYR recruits coaches from a diverse range of backgrounds, looking well beyond "traditional" rowing coaches, with the twin aims of making our introduction of rowing to under-represented groups as effective as possible and at the same broadening the diversity of professional rowing coaching. HRRCT's funding enables LYR to provide our coaching team with a dedicated Coach Developer, who designs and delivers a continuous programme of training, development opportunities and qualifications enabling each coach to create and lead their own journey in rowing. LYR believes the programme will support its programmes to be even more engaging, accessible and inclusive for young people from diverse and disadvantaged backgrounds, while at the same time supporting future efforts to make rowing more inclusive by making the coaching workforce more diverse.

## **Active Row Leeds, Bradford & Wakefield**

LYR is working with RowLeeds to roll out the Active Row school engagement programme in Leeds. The Active Row Leeds project is targeting working with 27 local state secondary schools and is funded by the Henley Royal Regatta Charitable Trust. Coaches focus on engaging young people who are less likely to participate in rowing and physical activity, such as those from diverse and disadvantaged backgrounds, girls and individuals with special educational needs or a disability. All participants will be given the chance to try indoor and on-water rowing, boosting physical activity and the development of life skills, while also being able to take part in LYR's competition programme.